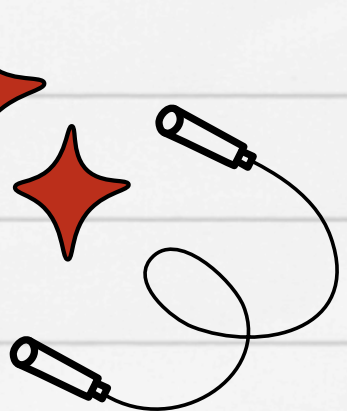




RADOJUNKIE



SCHOOL INITIATIVES



Our school clubs and Intervention are an exciting children's martial arts programme, aimed at character building and life skills development taught through Martial Arts training.



What Do Students Learn?

Our after-school clubs have been developed to give a foundation for every element of Muay Thai. Muay Thai is a martial art featuring boxing, kicking, knees and other techniques. At the heart of Muay Thai are values of growth, confidence and discipline. Our coaches have the unique blend of being both professional fighters and qualified teachers.



What do they Achieve?

Students will be instructed on self-defence training, which involves correct attacking tools, stances, strikes, and blocks. Alongside the physical training, each student will also achieve valuable life skills. These include a positive attitude, confidence, kindness, responsibility, focus, anti-bullying and avoiding conflict.



What are the key benefits?

- Increased Physical Fitness
- Increased well-being / mental health
- Develop a growth mindset
- Develop discipline
- Have fun!
- Develop friendships
- Positive coach role models
- Increased confidence

KEY ASPECTS OF OUR SESSIONS



Sessions always involve fitness! Developing a physical fitness is essential in Muay-Thai. It is tough but we ensure fun will be had!



1-on-1 pad work with our professional coaches. Developing technical skills and fostering coach student relationships.




Partner drills re-enforce learning, develop teamwork, control and focus!



OUR DELIVERY

- Sessions are aimed at all students 4+ and all abilities.
- We deliver sessions, over the course of a full term (typically 10 weeks) a minimum of once per week.
- School to provide the training space while all Thai Boxing coaches are provided by us.
- We offer after school clubs and/or intervention sessions. Bespoke services are also available to suit your school needs.



AFTER SCHOOL CLUBS 45 MINS

- A Thai Boxing programme focused on developing the fundamentals, building confidence, a disciplined approach to self-defence, fitness and well-being for the students.
- Our school clubs programme aims to involve all participants through positive engagement unlike typical martial arts classes; as the objective is not competition but self-development.
- Fundamentals, partner drills, pad work, and fun fitness games.



INTERVENTION 60 MINS

- 45-minute sessions followed by 15 minutes of one-to-one or group youth mentoring.
- A Thai Boxing programme focused on developing self-discipline, fitness and well-being for the students.
- The students will work towards a clear understanding of accountability and a 'can-do mindset' based on the effort that they put into the training programme.
- Fundamentals, partner drills, pad work, and fun fitness games.



OUR PROCESS

Initial phone call with our team to arrange a trial session at your school.
All coaches are DBS enhanced and first aid certified.

Prices agreed, cost per student basis.
Sign up sheet release by Radojunkie for parents ahead of the 1st term released.

Waiver/content form completed by all parents. Term time sessions either after school or intervention can begin!
Radojunkie supplies all equipment.

Feedback from students and parents always gathered after each term. Feedback helps us to monitor how are students are feeling and the progress they are making.

01

02

03

04

MEET OUR SCHOOL INITIATIVES TEAM

Our experienced team combines years of working with young people in schools with backgrounds in teaching. As professional fighters and exceptional coaches, we bring a unique skill set to empower students. We operate in a number of schools across London and have curated a powerful Muay Thai initiative seamlessly integrated into school enrichment.



Andre : Organiser/Coach
Over 10yrs experience working in schools
Professional fighter & Qualified coach



Joanna : Organiser/Coach
Qualified Primary school Teacher
Professional fighter



Imaan : Assistant Coach
Started as a Radojunkie student! Now a skilled martial artist & role model.

OUR SUCESS STORIES

We are so proud of all our young people! There are many stories and achievements we wish to share. Here are a few highlights!

ZARIUS TIME CAPSUAL



MUM "CONSISTENCY IS PAYING OFF"

"When Zarius joined Radojunkie, I was on a hunt to find something he was interested in. He can be shy at times and needs patience and time to get into things. A lot of the different classes he tried didn't provide this and were often too strict. The way the coaches at RJ discipline is encouraging, rather than disheartening."

"Zarius was shy and sometimes disinterested in lessons, but Coach Andre always kept him engaged in a fun way. Now, Zarius is so enthusiastic about his classes that he wakes up asking if it's a 'Muay Thai day.' **His confidence has grown massively**, and when I show him his progress, he's proud of himself. This sense of achievement has motivated him to **push through challenges**, both in and outside of RJ classes."

"I'm delighted to share the positive impact Andre's Muay Thai class has had on my son Uzair since he joined in October 2022. Under Andre's guidance, Uzair has not only developed impressive Muay Thai skills but has also become **significantly more disciplined**. Andre's commitment to instilling both **physical and mental strength** in his students is commendable. The Sunday classes have truly been a **transformative experience** for Uzair, and I appreciate Andre's dedication to fostering growth in his students."

"Radojunkie is a fabulous club for children! My daughter enjoyed the Easter and Summer camp. **She learned a lot about self-defence, respect, and team work**. Highly recommended!"

"Amazing classes and **supportive teachers**.. My daughter has been a few times now and thoroughly enjoys her sessions, **she's already gained so much confidence** since joining and learnt new skills.. we are so proud of her **growth** so far!! Thank you to all the coaches and would definitely recommend!!"

